

ASPA EDUCATION



Raw Energy Dance Programs

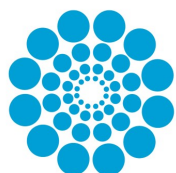
ASPA Education is part of the Australian School of Performing Arts which has been delivering high quality performing arts education since 1984.

Our reputation has been founded on the highly successful Australian Girls Choir which now trains over 6,500 girls across the country. In the past fourteen years ASPA Education has delivered programs to more than 50,000 students and teachers from over 250 schools.



AUSTRALIAN SCHOOL OF PERFORMING ARTS

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Dance Workshops

Based on the highly successful REDed Dance program, our dynamic dance workshops encourage all students to get active and have fun as they develop coordination, confidence and fitness in a safe and inclusive learning environment. The high energy, positive environment encourages students of all experience levels to participate, while aligning with curriculum requirements with both a fitness focus and creative arts outcome.

Content

Workshops are designed specifically to cater to the needs of each group and can include:

- Warm ups and cool downs.
- Activities designed to promote coordination, rhythm, creativity and teamwork.
- Routines covering a range of styles including hip-hop, jazz, musical theatre, world dance and creative dance.
- Mindfulness and reflection sections to connect the student to their creative and expressive instincts.
- Opportunities to integrate content into Concerts and Graduation Nights.
- Support documentation including curriculum alignment, suggested lesson plans and assessment criteria

Cost

Workshops start at \$195 + GST for 90 minutes

"It was great to see the students having so much fun and getting a full workout at the same time. Kimi was wonderful and this reflected in the quality of dance work the students produced at the end of the session".

Emma Ingles, Dance Teacher, Carey Baptist Grammar School

"Alex's dynamic personality and ability to sustain momentum in the classes ensured she had control of the room at all times. The choreography was also fantastic and VERY appropriate for boys!"

Jared Furtado, Director of Music, Brighton Grammar School

"Greta was amazing with the students. They were highly engaged and all so happy. The dances were the right level of easy, fun and challenging. The dance games were also so exciting. The students looked forward to coming each week."

Tayla Corrigan, Teacher, Beaumaris Primary School

ASPA Education

ASPA Education has over 35 years of experience delivering exceptional performing arts education and training in a variety of settings. Our team is made up of the very best facilitators, instructors and educators who have a wealth of experience in delivering interactive workshops that stimulate creativity, foster team-work and deliver outstanding results.

Contact us today to receive a tailored quote.

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